welcome

DEAR GUEST

A very warm welcome to The Lough Lounge & Bistro.

At The Four Seasons, we strive to harmonise the essence of the mountains and the sea in every aspect of your experience. Our location sits at the core of our inspiration.

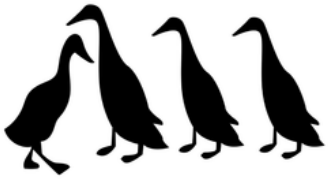
In curating our menu, Head Chef Tomasz Dudzik, has meticulously selected the finest and highest quality ingredients from as close to home as possible. Our fish comes from Morgans Fine Fish, Omeath. Our beef is from McEnaney's Butchers, our pork is P&A Quinn, and our poultry is Tony Kieran, all in Dundalk.

Should you have any dietary requirements please do not hesitate to let one of our Team know and we would be delighted to assist you in choosing a dish.

Enjoy your culinary journey with us,

Dermot Redmond

General Manager



Starters

SOUP OF THE DAY **€6.95**

Please ask server. Served with homemade bread

Contains 1,2,3,4,5,7 | GF available

SEAFOOD CHOWDER **€10.95**

Creamy velouté with Carlingford mussels and locally sourced seafood, served with homemade brown bread

Contains 1,2,3,4,5,7,10,11,12 | GF available

GRILLED PRAWN SKEWER **€16.95**

With Jerusalem artichoke puree, quinoa tabbouleh & pineapple salsa

Contains 1,3,4,5,10,11

(1) Gluten, (2) Milk, (3) Eggs, (4) Sulphites, (5) Celery, (6) Lupin, (7) Nuts, (8) Peanuts, (9) Soy, (10) Shellfish, (11) Fish, (12) Molluscs, (13) Mustard, (14) Sesame

GF Gluten Free Vegetarian

Starters

BUFFALO CHICKEN WINGS €13.50

A hot buffalo sauce, celery and with a blue cheese dip

Contains 1,2,3,4,5

CAESAR SALAD €10.95

Baby gem, smoked bacon lardons, croutons, shaved parmesan and our signature Caesar dressing

Add chicken €3.00

Contains 1,2,3,4,11,13 | GF available

POTATO SKINS €11.95

Loaded with smoked bacon and sautéed onions, topped with melted cheese and served with sour cream

Contains 1,2,4,13

MOZZARELLA ARANCINI €13.95

Served with sweet potato silk, parmesan crisp & herb oil

Contains 1,2,4,5,13

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GF Gluten Free Vegetarian

mains

GF **10OZ SIRLOIN STEAK** **€35.95**

With king oyster mushroom, charred onion, cherry tomato & chili jam, with peppercorn sauce

Supplement for package dinners €8.00

Contains 2,4,5,13

GF **BALLOTINE OF CHICKEN & PARMA HAM** **€23.95**

With a sundried tomato & chestnut stuffing, served with butternut puree and sautéed brussel sprouts

Contains 2,4,5,7,13

GF **CATCH OF THE DAY** **€24.95**

Locally sourced seafood. Please ask your server

Contains 2,4,5,11,12,13

SOUTHERN FRIED CHICKEN FILLET BURGER **€19.95**

Brioche bap with garlic mayonaise and chutney, crisp leaves, tomato, red onion and served with chips

Contains 1,2,3,4,5 | GF available

4SEASONS SMASH BURGER **€21.50**

Brioche bap with 4 seasons burger sauce, two patties with cheese, crisp leaves, tomato, red onion, topped with a gherkin and served with chips

Contains 1,2,3,4

FISH AND CHIPS **€23.95**

Cod in a crispy batter, served with chips, mushy peas, a lemon wedge and homemade tartar sauce

Contains 1,3,4,10,11,13

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GF Gluten Free Vegetarian

mains

GF **SLOW COOKED LAMB SHANK** **€24.95**

With creamy mash potatoes, root glazed vegetables & a rich gravy

Contains 2,4,5,13

TIKKA MASALA CURRY **€18.95**

Julienne of vegetables in aromatic tikka sauce, served with steamed rice and naan bread

Add chicken €3.00

Contains 1,2,5,7,8,13,14 | GF available | Vegan available

TAGLIATELLE PASTA **€21.95**

Chicken and pancetta in a rich creamy sauce, topped with shaved parmesan

Contains 1,2,3,7,9,13,14

FALAFEL **€18.95**

Baked with fragrant tomato sauce, served with cucumber raita and naan bread

Contains 1,2,4,5 | GF available | Vegan available

SHARING BOARD **€30.00**

Buffalo Chicken Wings, Beef Burger Sliders, Garlic Bread, Patatas Bravas & Mozzarella Arancini served with dips

Contains 1,2,3,4,5,9,13 | Recommended for Two

ADD A SIDE

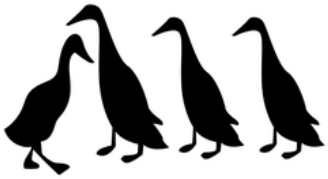
Gravy €3.00

Pepper sauce €3.00

Chips €5.50

Mashed potato €5.50

Onion rings €5.50



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GF Gluten Free Vegetarian

Dessert

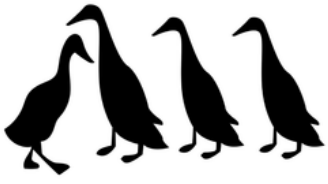
CHEESECAKE OF THE DAY — €8.50
Please ask your server
Contains 1,2,4

CRÉME BRÛLÉE — €8.50
With short bread biscuit & fruit panache
Contains 1,2,3,4

STICKY TOFFEE PUDDING — €8.95
With butterscotch sauce and vanilla ice-cream
Contains 1,2,3,4

WARM CHOCOLATE BROWNIE — €8.95
With chocolate sauce and ice-cream
Contains 1,2,3,4,7

PROFITEROLES — €8.50
With whipped cream and chocolate sauce
Contains 1,2,3,4



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Please ask server for Vegan options

Liqueur Coffees

IRISH COFFEE	€8.50
BAILEYS COFFEE	€8.50
BAILEYS	€6.50
ESPRESSO MARTINI	€12.95
AMARETTO	€6.00
BLACK RUSSIAN	€11.95
CRÈME DE MENTHE	€6.00

