

VOYA



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VOYA | organic luxury from the sea

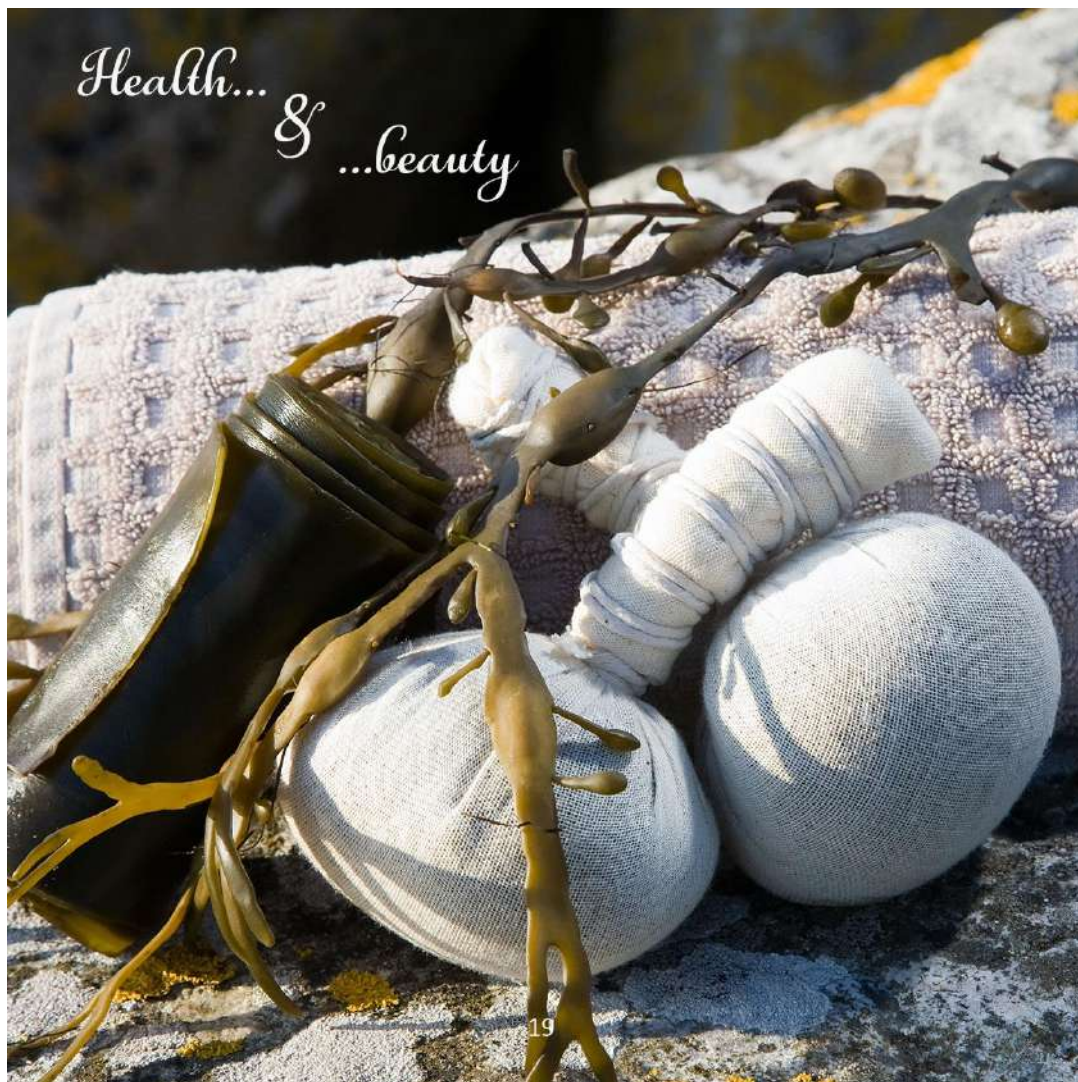
VOYA

A voyage of discovery and innovation. The global business that is VOYA started out as the family-run seaweed baths established by Neil Walton near his home in Strandhill, County Sligo on the Wild Atlantic Coast of Ireland.



As the popularity of the baths grew, the Waltons found more and more customers asking if there was some way they could replicate the soothing effects of the baths at home. That challenge was to be the seed for VOYA. It is made exclusively with certified organic seaweed harvested from the Irish coast. Designed to use the beneficial properties of seaweed to naturally treat and nourish the skin.

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VOYA Facials

VOYA Anti-ageing

This facial is suitable for all skin types, particularly mature, dry or dehydrated skins. This is a skin rejuvenating facial based on VOYA's organic ingredients with their combination of anti-oxidant algae complexes, pro-collagen organic extracts and restorative blend of organic ingredients. Together they will fight the signs of visible ageing, reduce appearance of fine lines and wrinkles, and hydrate and plump up skin texture. The results include instantly firmed and tightened skin with a natural radiant glow.

VOYA Deluxe Facial Experience

This revolutionary seaweed facial is a truly indulgent treatment. It begins with a back exfoliation and back massage. For the organic facial, we use spiny bamboo facial exfoliator to gently renew your skin. This is followed by an intense VOYA signature facial massage, continued with freshly harvested seaweed leaves being applied to the face as a warm mask and to top it off you will be treated to a light head massage. This experience will deeply renew, revive and soften dry and dehydrated skin, alleviating fine lines and wrinkles.

VOYA Self Discovery Radiance

Another truly organic facial which includes a VOYA signature massage using a face serum containing an intense blend of organic oils and anti-oxidant seaweed. Your skin will be left rehydrated, nourished and glowing.

VOYA Marine Eye Treatment

The ultimate treat for refreshing and rejuvenating tired eyes. It is a relaxing decongesting lymphatic treatment using specialised products rich in seaweed extract, green tea and vitamin C. The unique seaweed leaf eye compresses are applied and allowed to work their magic while a scalp massage is performed.



VOYA Body Treatments

VOYA Organic Peppermint and Seaweed Sugar Glow or Lavender scrub

This refreshing all over exfoliating treatment awakens the skin and body. It features a fabulously fragrant mix of organic peppermint leaf, seaweed and sugar, which perform the double action of removing dead skin cells while treating you to the uplifting effects of our organic peppermint essential oil. This cool-feeling treatment is ideal pre-bath or massage. A gentle aromatic sugar scrub to revive the senses and refresh the body.

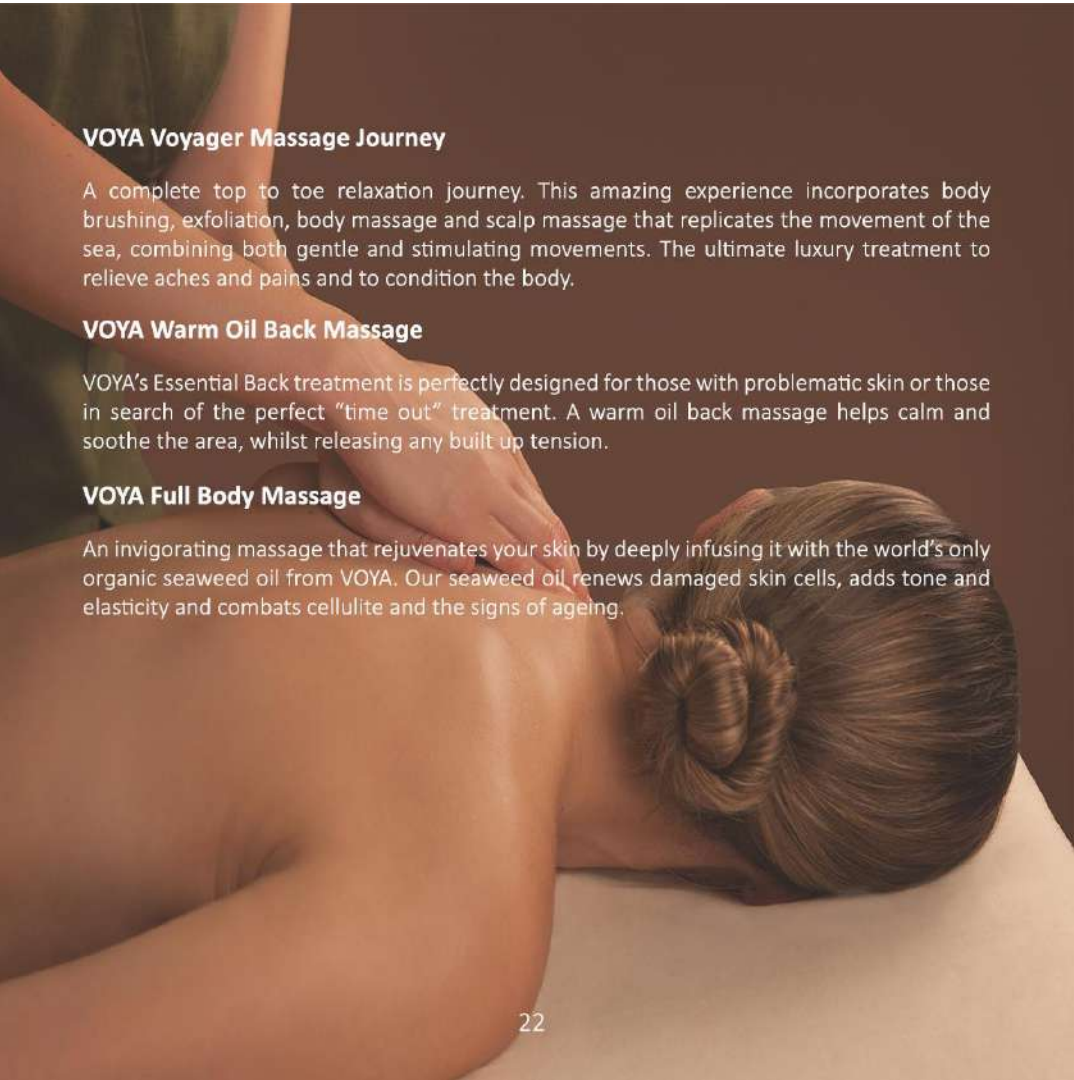
VOYA Stimulating Seaweed Body Buff

Our certified organic Bladder Wrack body buff is the ultimate treat for tired and dull skin. The anti-oxidants of the mineral-rich Bladder Wrack seaweed combined with pure seaweed oils provide a powerful organic way to better skin. The all-over body scrub is immediately followed by a light cleansing shower and a short relaxing massage with VOYA's Softly Does It. This ground-down seaweed is a strong exfoliator that stimulates and leaves the skin tingling.

VOYA Organic Warm Spiced Mud Wrap

Seaweed taken fresh from the ocean is combined with purifying elements of peat to produce a mud wrap rich in potent antioxidants, minerals and enhanced with organic ginger and cinnamon. Definitely for the results-driven client, this wrap has immediate effects on the skin, including firming and toning. A serious detoxifier, metabolism stimulator and a natural anti-aging booster.





VOYA Voyager Massage Journey

A complete top to toe relaxation journey. This amazing experience incorporates body brushing, exfoliation, body massage and scalp massage that replicates the movement of the sea, combining both gentle and stimulating movements. The ultimate luxury treatment to relieve aches and pains and to condition the body.

VOYA Warm Oil Back Massage

VOYA's Essential Back treatment is perfectly designed for those with problematic skin or those in search of the perfect "time out" treatment. A warm oil back massage helps calm and soothe the area, whilst releasing any built up tension.

VOYA Full Body Massage

An invigorating massage that rejuvenates your skin by deeply infusing it with the world's only organic seaweed oil from VOYA. Our seaweed oil renews damaged skin cells, adds tone and elasticity and combats cellulite and the signs of ageing.

VOYA Seaweed Baths



VOYA Seaweed Peat Bath

An ancient traditional therapy using a combination of hand-harvested seaweed and peat infused with ginger and cinnamon. This deeply natural treatment is sure to soothe away your aches and pains, and relieve your stress and fatigue. Peat contains high levels of humic acids which increase absorption of key minerals to benefit the immune system and supports good health.

VOYA Detox Seaweed Leaf Bath

The simplest and purest of our organic treatment processes, our detoxifying seaweed bath utilises the natural power of organic hand-harvested seaweed to deeply moisturise your skin, increase circulation and promote healing by re-mineralising the body. We will immerse you in a bath of pure seaweed hand-harvested from the unspoilt Atlantic coast of Ireland. This treatment will relax the muscles, ease aches and pains and support skin regeneration and renewal, while combating the effects of aging. VOYA's bathing ritual is excellent as part of a detox programme. This is believed to be an ancient sailors cure dating back 300 years known to assist problematic skin types including psoriasis, eczema and very dry skin.

VOYA Bath Butler – In Suite Service

Create the essence of luxury in the privacy of your own suite. Choose your seaweed bath and have one of our highly trained therapists visit you in your room to set up your relaxing seaweed bath experience.

VOYA Hands& Feet

VOYA Hand and Arm Retreat Ritual

This treatment is about nourishing, reconditioning and refining your hands and arms. You will first enjoy a VOYA Time to Shine exfoliation from the hand to the elbow, followed by a deeply relaxing massage. Then your hands will be lovingly wrapped in warmed Atlantic seaweed leaves to hydrate, increase circulation and nourish dry skin. To seal in the goodness, nourishing VOYA Handy to Have hand crème will be applied. As an extra treat, we include a relaxing scalp massage.

VOYA Organic Foot and Leg Retreat Ritual

Refining your skin, this treatment begins with a sea salt exfoliation from the knees to the feet. You will then be treated to a deeply relaxing massage of the lower legs, a double action seaweed foot mask and fresh seaweed leaf wrap around the legs to reduce swelling and soften tired feet. This is an ideal treatment during pregnancy and for foot ailments of all kinds. As an extra treat, we include a relaxing scalp massage.

Mini-Treats

Create your own package and choose any three treatments

- * VOYA Back Massage
- * Mini Facial
- * Indian Head Massage
- * VOYA Marine Eye Treatment
- * VOYA Refreshing foot and leg retreat ritual
- * VOYA Refreshing hand and arm retreat ritual

VOYA Mum To Be

VOYA ingredients are packed with ancient and organic nourishments, soothing, relaxing and comforting for all mums to be. Helping you to maintain a healthy mind and body during pregnancy.

The below treatments are available:

VOYA Anti-ageing facial

VOYA Marine Eye treatment

VOYA Hand and Arm Retreat Ritual

VOYA Organic Foot and Leg Retreat Ritual

(Please note that treatments cannot be performed in the first trimester of pregnancy)

Spa Etiquette

Reservations

To schedule an appointment for your chosen treatments please contact the spa reception or the main hotel reception. Alternatively, you can email our team (spa@fshc.ie). To ensure you get your preferred treatment and time we recommend that you book in advance. All spa treatments and spa packages will need to be guaranteed with a credit card or Four Seasons Hotel gift voucher.

Cancellation Policy

Guests who wish to cancel or amend their treatment time/date must provide a minimum of 48hrs notice to help us reschedule your appointment otherwise a 50% charge will be incurred. Cancellation within 24hrs of your treatment or failure to arrive will incur the full treatment cost being charged.

Arrival time

We recommend that you arrive at the spa 20 minutes prior to your allotted appointment time so you can complete a spa consultation form and prepare for your treatment. Regrettably, late arrivals may result in your treatment time being reduced so that other guests are not inconvenienced.

Homecare

To enable you to continue your spa regime at home most of the products we use in our treatment rooms are available to purchase from the spa reception.

Children Policy

Unfortunately we cannot accommodate young children and babies in the spa; this includes the waiting area at reception.



Spa Environment

Our spa is designed for your total relaxation. We request that all visitors respect the privacy of other spa guests by speaking quietly. Please refrain from using mobile phones, smart devices or cameras in the spa.

Health Conditions

When booking your appointment please advise us of any health conditions, allergies or injuries so that we can offer advice toward the treatments that may suit you best. Failure to make staff aware of any health conditions prior to treatment may result in your treatment being altered or cancelled.

Valuables

The Luxe Spa at the Four Seasons Hotel Carlingford accepts no responsibility for loss/damage of valuables and jewellery at any time on the premises.

Payment and Prices

All prices are quoted in euros and are subject to change without prior notice. We accept all major credit cards. For hotel residents, payments may also be charged to your room. Gratuities are not included and are welcomed at your discretion. All treatments are subject to availability.

Day Spa

Day spa will provide a robe, towel and amenities for use during your visit.

Spa Etiquette

The Luxe Spa is a mobile phone, smart phone and camera free zone.





Luxe Spa

SPA OPENING HOURS

Monday	10 - 6pm
Tuesday	10 - 6pm
Wednesday	10 - 6pm
Thursday	10 - 6pm
Friday	10 - 8pm
Saturday	10 - 6pm
Sunday	10 - 6pm

Four Seasons Hotel & Leisure Club Carlingford

Find us on:



Tel: (+353) 42 9373530 Email: info@fshe.ie



Luxe Spa

Four Seasons Hotel & Leisure Club Carlingford

PRICE LIST

ELEMIS Facials

ELEMIS Sensitive Skin Soother	30mins/€50 or 60mins/€70
ELEMIS Anti-Blemish Mattify and Calm	30mins/€50 or 60mins/€70
ELEMIS Pro-Collagen Age Defy	60mins/€85
ELEMIS Pro-Definition Lift and Contour	60mins/€85
ELEMIS Superfood Pro-Radiance	60mins/€85
ELEMIS Dynamic Resurfacing Precision Peel	60mins/€85

ELEMIS for Men

ELEMIS Signature Luxe Facial	30mins/€45 or 60mins/€65
ELEMIS High Performance Skin Energiser	60mins/€70

Alternative treatments for men

- * ELEMIS Deep Tissue Massage
- * ELEMIS Deeper Than Deep Hot Stone Massage
- * ELEMIS Best foot forward or Voya Foot & Leg Retreat Ritual
- * VOYA Marine Eye Treatment

ELEMIS Mum To Be

ELEMIS Peaceful Pregnancy Massage	60mins/€80
ELEMIS Peaceful Pregnancy Face and Body Experience	60mins/€80

ELEMIS Body Treatments

ELEMIS Freestyle Deep Tissue Massage	30mins/€50 or 60mins/€80
ELEMIS Hot Stone Body Massage	30mins/€50 or 60mins/€80
ELEMIS Garden of England Rose Restore Massage	60mins/€80
ELEMIS Hot Mineral Body Boost	60mins/€80
ELEMIS Thousand Flower Detox Wrap	60mins/€80
ELEMIS Sweet Body Nectar Nourishing Wrap	60mins/€75
ELEMIS Intensely Cleansing Salt Scrub	30mins/€50

ELEMIS Hands & Feet

ELEMIS Garden of Roses Restore Hand Treatment	30mins/€35
ELEMIS Best Foot Forward	30mins/€35

Treatment Packages

The Luxe Gold Experience

2hrs 30mins/€180

ELEMIS Garden of England Rose Restore Massage
ELEMIS Intensely Cleansing Salt Scrub
ELEMIS Facial personalised to your skin type

The Luxe Silver Experience

2hrs/€140

ELEMIS Hot Mineral Body Boost
ELEMIS Facial personalised to your skin type

The Luxe Bronze Experience

1hr/€120

ELEMIS Intensely Cleansing Salt Scrub
ELEMIS Nectar Nourishing Wrap



VOYA Facials

VOYA Deluxe Facial Experience	90mins/€90
VOYA Anti-ageing	75mins/€75
VOYA Self Discovery Radiance	60mins/€65
VOYA Marine Eye Treatment	45mins/€50

VOYA Body Treatments

VOYA Voyager Massage Journey	85mins/€90
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*To complete your journey you can avail of our optional seaweed eye compress to relieve tired, strained eyes for an additional €10

VOYA Organic Warm Spiced Mud Wrap	75mins/€80
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VOYA Full Body Massage	60mins/€80
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VOYA Organic Peppermint and Seaweed Sugar Glow or Lavender scrub Gentle Texture	60mins/€70
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VOYA Stimulating Seaweed Body Buff Medium Texture	60mins/€70
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VOYA Warm Oil Back Massage	30mins/€60
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VOYA Seaweed Baths

VOYA Detox Seaweed Leaf Bath	45mins/€50
VOYA Seaweed Peat Bath	45mins/€45
VOYA Bath Butler – In Suite Service	45mins/€30

VOYA Mum To Be

VOYA Anti-ageing	75mins/€75
VOYA Marine Eye Treatment	45mins/€50
VOYA Hand and Arm Retreat Ritual	45mins/€65
VOYA Organic Foot and Leg Retreat Ritual	45mins/€65

VOYA Hands& Feet

VOYA Hand and Arm Retreat Ritual	45mins/€65
VOYA Organic Foot and Leg Retreat Ritual	45mins/€65
Mini-Treats	90mins/€99

Create your own package and choose any three treatments

- * Mini Facial
- * Indian Head Massage
- * VOYA Marine Eye Treatment
- * VOYA Refreshing foot and leg retreat ritual
- * VOYA Refreshing hand and arm retreat ritual

