

*welcome*

DEAR GUEST

A very warm welcome to The Lough Lounge & Bistro.

At The Four Seasons, we strive to harmonise the essence of the mountains and the sea in every aspect of your experience. Our location sits at the core of our inspiration.

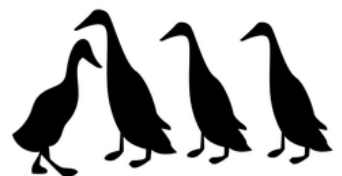
In curating our menu, Head Chef Tomasz Dudzik, has meticulously selected the finest and highest quality ingredients from as close to home as possible. Our fish comes from Morgans Fine Fish, Omeath. Our beef is from McEnaney's Butchers, our pork is P&A Quinn, and our poultry is Tony Kieran, all in Dundalk.

Should you have any dietary requirements please do not hesitate to let one of our Team know and we would be delighted to assist you in choosing a dish.

Enjoy your culinary journey with us,

*Dermot Redmond*

General Manager



# Starters

- 🌱 **SOUP OF THE DAY** €6.95  
Please ask server. Served with  
homemade brown bread  
*Contains 1,2,3,4,5,7 | GF available*
- SEAFOOD CHOWDER** €10.95  
Creamy velouté with Carlingford  
mussels and locally sourced seafood,  
served with homemade brown bread  
*Contains 1,2,3,4,5,7,10,11,12 | GF available*
- PRAWN TEMPURA** €14.95  
With salad leaves, sweet chilli sauce  
and a lemon wedge  
*Contains 1,3,4,5,10*
- CHICKEN LIVER PATE** €9.75  
With house preserve, toasted brioche  
and salad leaves  
*Contains 1,2,3,4,13 | GF available*

(1) Gluten, (2) Milk, (3) Eggs, (4) Sulphites, (5) Celery, (6) Lupin, (7) Nuts, (8) Peanuts,  
(9) Soy, (10) Shellfish, (11) Fish, (12) Molluscs, (13) Mustard, (14) Sesame

# Starters

## **BUFFALO CHICKEN WINGS €13.50**

A hot buffalo sauce, celery and with a blue cheese dip

*Contains 1,2,3,4,5*

## **CAESAR SALAD €10.95**

Baby gem, smoked bacon lardons, croutons, shaved parmesan and our signature Caesar dressing

Add chicken €3.00

*Contains 1,2,3,4,11,13 | GF available*

## **POTATO SKINS €11.95**

Loaded with smoked bacon and sautéed onions, topped with melted cheese and served with sour cream

*Contains 1,2,4,13*

## **🌱 BREADED BRIE €13.95**

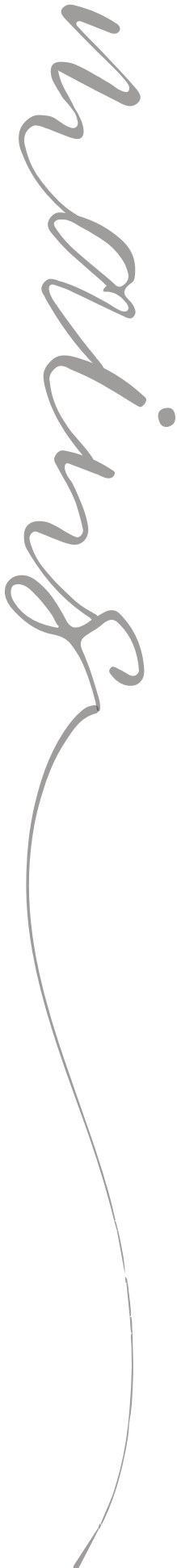
Deep fried, served with salad leaves and red currant marmalade

*Contains 1,2,3,4,13*

(1) Gluten, (2) Milk, (3) Eggs, (4) Sulphites, (5) Celery, (6) Lupin, (7) Nuts, (8) Peanuts, (9) Soy, (10) Shellfish, (11) Fish, (12) Molluscs, (13) Mustard, (14) Sesame

GF Gluten Free

🌱 Vegetarian/Vegan



**100Z SIRLOIN STEAK**

**€34.95**

With onion rings, thick cut chips  
and a pepper cream sauce

Supplement for package dinners €8.00

*Contains 1,2,4,5 | GF available*

**GF CONFIT CHICKEN SUPREME €21.95**

Served with seasonal vegetables,  
potatoes and a wild mushroom sauce

*Contains 2,4,5*

**GF CATCH OF THE DAY €24.95**

Locally sourced seafood. Please ask  
your server

*Contains 2,4,5,11,12,13*

**SOUTHERN FRIED CHICKEN €19.95  
FILLET BURGER**

Brioche bap with garlic mayonaise  
and chutney, crisp leaves, tomato,  
red onion and served with chips

*Contains 1,2,3,4,5 | GF available*

**4 SEASONS SMASH BURGER €21.50**

Brioche bap with 4 seasons burger  
sauce, two patties with cheese, crisp  
leaves, tomato, red onion, topped  
with a gherkin and served with chips

*Contains 1,2,3,4*

**FISH AND CHIPS**

**€23.95**

Cod in a crispy batter, served with  
chips, mushy peas, a lemon wedge  
and homemade tartar sauce

*Contains 1,3,4,11,13*

(1) Gluten, (2) Milk, (3) Eggs, (4) Sulphites, (5) Celery, (6) Lupin, (7) Nuts, (8) Peanuts,  
(9) Soy, (10) Shellfish, (11) Fish, (12) Molluscs, (13) Mustard, (14) Sesame

morling.

GF **GLAZED PORK BELLY** €21.95

With creamy cabbage and bacon,  
seasonal vegetables and potatoes

*Contains 2,4,5,13*

Ⓟ **TIKKA MASALA CURRY** €18.95

Julienne of vegetables in aromatic  
tikka sauce, served with steamed rice  
and naan bread

Add chicken €3.00

*Contains 1,2,5,7,8,13,14 | GF available*

Ⓟ **ASIAN STIR-FRY** €18.95

Julienne vegetables in our signature  
sauce, served with noodles

Add chicken €3.00

*Contains 1,3,4,5,9,10,11,14*

**TAGLIATELLE PASTA** €21.95

Chicken and pancetta in a rich  
creamy sauce, topped with shaved  
parmesan

*Contains 1,2,3,7,9,13,14*

Ⓟ **FALAFEL** €18.95

Baked with fragrant tomato sauce,  
served with cucumber raita and naan  
bread

*Contains 1,2,4,5 | GF available*



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(9) Soy, (10) Shellfish, (11) Fish, (12) Molluscs, (13) Mustard, (14) Sesame

GF Gluten Free Ⓟ Vegetarian/Vegan

desserts

**CHEESECAKE OF THE DAY €8.50**

Please ask your server

*Contains 1,2,4*

**LEMON MERINGUE TARTLET €8.50**

With whipped cream and fruit gel

*Contains 1,2,3,4*

**STICKY TOFFEE PUDDING €8.95**

With butterscotch sauce and vanilla ice-cream

*Contains 1,2,3,4*

**WARM CHOCOLATE €8.95**

**BROWNIE**

With chocolate sauce and ice-cream

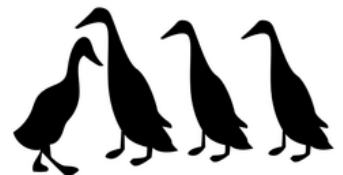
*Contains 1,2,3,4,7*

**PROFITEROLES**

**€8.50**

With whipped cream and chocolate sauce

*Contains 1,2,3,4*



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(9) Soy, (10) Shellfish, (11) Fish, (12) Molluscs, (13) Mustard, (14) Sesame

*Progressive*

IRISH COFFEE €8.50

BAILEYS COFFEE €8.50

BAILEYS €6.50

ESPRESSO MARTINI €12.95

AMARETTO €6.00

BLACK RUSSIAN €11.95

CRÈME DE MENTHE €6.00

