

Starters

Soup of the Day

€6.00 | 1, 7, 9

Served with our artisan wheaten bread or crisp bread rolls

Crispy Chicken Wings

€11.00 | 1, 3, 6, 10, 11, 12

Coated in our sweet and sticky Asian inspired sauce, with siracha and lime dipping sauce

Garlic and Chilli Prawns

€14.50 | 1, 12

Sweet and succulent pink tail prawns, lightly cooked in garlic and chilli oil, with cherry tomatoes, lemon juice and fresh parsley. Served with garlic ciabatta bread

Goats Cheese Crostini

€10.50 | 1, 3, 7, 8, 12

Irish goats cheese on toasted ciabatta bread, with pickled walnuts and red onion with a raspberry vinaigrette

Cold Chargrilled Chicken Caesar

€10.00 | 1, 3, 4, 7, 10, 12

Tender strips of chargrilled chicken, croutons, cos lettuce, parmesan cheese, smoked streaky bacon, cherry tomatoes and Caesar dressing

Please ask your server for our Dessert Menu.
All our Desserts are homemade

Please allow appropriate time for cooking as all our
dishes are freshly prepared

All our beef dishes are 100% grass fed Irish beef

Mains

Chuck and Brisket Burger

€17.50 | 1, 3, 7, 12

Tender chuck n brisket Irish Hereford beef burger with bacon, lettuce, onion ring, Irish cheddar cheese and garlic mayo. Served on a toasted brioche bun with french fries.

or

Swap out the bacon and cheese and add goat's cheese and onion marmalade for a goats cheese burger

Fish and Chips

€17.95 | 1, 3, 4, 12

Fresh locally sourced cod in light batter with our tangy malt vinegar tarter sauce, mushy peas and chips

Chicken Supreme

€18.50 | 7, 12

Herb marinated Irish chicken supreme, with a bacon, mushroom and brandy cream sauce. Served with creamy mash and veg of the day

10oz Sirloin Steak

€29.00 | 1, 7, 12

Tender grass fed Irish Hereford sirloin of beef, served with beer battered onion rings, choice of side and brandy peppercorn sauce or garlic butter

Add garlic chilli prawns surf and turf €7.00 | 1, 12

Fillet of Salmon

€21.00 | 4, 7, 12

Pan seared with crisp skin. Served with a citrus beurre Blanc sauce, champ mash and a bouquet of vegetables

Garlic and Chilli Prawns

€19.90 | 1, 12

Sweet and succulent pink tail prawns, lightly cooked in garlic and chilli oil, with cherry tomatoes, lemon juice and fresh parsley. Served with garlic ciabatta bread

Cold Chargrilled Chicken Caesar

€15.00 | 1, 3, 4, 7, 10, 12

Tender strips of chargrilled chicken, croutons, cos lettuce, parmesan cheese, smoked streaky bacon, cherry tomatoes and Caesar dressing



Lough Lounge

FOUR SEASONS HOTEL, SPA AND LEISURE CLUB CARLINGFORD



Sides

Parmesan Truffle Chips €7.00

Chips €4.50

Champ €4.50

Cajun Chips €4.50

House Salad €4.50

Veg of the Day €4.50

Onion Rings €4.50

Allergen List

1.Gluten 2.Crustaceans 3.Eggs 4.Fish 5.Peanuts 6.Soybean 7.Milk 8.Nuts 9.Celery
10.Mustard 11.Sesame Seeds 12.Sulphur Dioxide 13.Lupin 14.Molluscs



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