



# F O U R S E A S O N S H O T E L

*& L e i s u r e C l u b*

C A R L I N G F O R D

## *Welcome to the Four Seasons Hotel Carlingford*

A Family run hotel located in the Heritage Village of Carlingford, Co. Louth, offering stunning views of Carlingford Lough and the Cooley Mountains. Just 1 hour drive from Dublin and Belfast and 15 minutes' drive from Dundalk & Newry, the hotel is easily accessible, just 15 minutes off the M1 (Exit 18).

The Four Seasons Hotel Carlingford offers well-appointed accommodation; extensive leisure facilities; and a warm Irish Welcome. Making it one of the best hotels to visit in Co. Louth, the perfect location for a fantastic midweek or weekend break in Ireland for both leisure and corporate guests alike. Enjoy some of the many local attractions and activities in Carlingford including Hill Walking, Looped Walks, Heritage Trails, Golf at Greenore, Sailing, Fishing, Bird Watching, Horse Riding, Land and Water Adventure Sports and much more or just relax in a Traditional Irish Pub or Coffee Shop. Taste the great local produce and Seafood and wander through the old streets of this pretty Heritage Village.

## *Opening Hours*

### *Sunday- Friday*

Bar Menu 12pm-9pm / Bistro Menu 6pm-9pm

### *Saturday*

Bar Menu 12pm-9.30pm / Bistro Menu 6pm-9.30pm

### *Bank Holiday Sun & Mon*

Bar Menu 5pm-9pm / Bistro Menu 6pm-9pm

### *Sunday Carvery*

12pm-4pm





F O U R S E A S O N S

H O T E L

& L e i s u r e C l u b

C A R L I N G F O R D

## *Starters*

*Gratin of Shelled Mussels (1,4,5,6,7,9)*

with a Fresh Herb and Parmesan

€10.50

*Carlingford Seafood Chowder (1,5,6,7,9)*

€7.50

*Homemade Soup of the Day*

€4.95

*Four Seasons Warm Chicken Caesar Salad (4,2)*

Traditional Dressed Baby Gem Lettuce, Topped with Flaked  
Parmesan & Crisp Smoked Bacon

€7.50

*BBQ Baby Back Slow Cooked Pork Ribs (3,9)*

in BBQ Sauce on a Bed of Mixed Leaves

€8.50

*Hot 'n' Spicy Chicken Wings (3,4)*

€8.50

*Roast Sweet Pepper and Vine Tomato Soup*

with Basil Pesto

€4.95

*Italian Antipasti (3,4)*

served with Homemade Pesto's and Crackers

€9.75



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H O T E L

& L e i s u r e C l u b

C A R L I N G F O R D

### *From The Sea*

#### ***Classic Four Seasons Battered Cod (1,2,4,5)***

Served with Mint Pea Puree and Tartar Sauce

€15.95

#### ***Herb Crusted Fillet of Salmon (1,4,5,6,7)***

With Goatsbridge Trout Caviar in a Lemon Scented Cream  
served with Creamy Mash and Vegetables

€15.15

#### ***Indian Mystery Fillet of Hake (1,3)***

Served with Slow Roasted Cherry Tomatoes on a  
Bed of Spinach

€15.95

### *From The Grill*

#### ***8oz Fillet of Castlebellingham Beef (1,8,9)***

On a Bed of Coarse Mustard Mash

€26.95

#### ***8oz Four Season's Steak Burger (1,4,8)***

On a Pretzel Bap with Smoked Bacon & Cheese, Crisp  
Lettuce, Onion, Tomato & Zingy Jalapeño Relish

€16.95

#### ***8oz Striploin Steak Sandwich (1,4,8,9)***

On Garlic Ciabatta with Sauté Mushroom Topped with  
Crispy Onions & Creamy Pepper Sauce

€19.95





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H O T E L

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## *Chicken Dishes*

### *Pan Seared Chicken Supreme (4,9)*

Served with Tempura Black Pudding and a Red Onion Jus

€15.95

### *Half Roast Chicken (9)*

Served on a bed of mash with Pan Gravy & Market Vegetables

€15.95

### *Thai Green Chicken and Vegetable Curry (1,4,8,9)*

served with a Poppadom of Basmati Rice

€14.95

### *Large Four Seasons Warm Chicken Caesar Salad (1,2,4)*

Traditional Dressed Baby Gem Lettuce, Topped with Flaked  
Parmesan & Crisp Smoked Bacon

€12.95

### *BBQ Chicken Fillet Burger (4)*

Served With Chunky Chips and House Tossed Salad

€15.95

## *Chefs Favourite*

### *Cider Braised Pork Belly (1,4)*

Served with Apple & Garlic Puree & Cider Jus

€15.95

### *French Trimmed Rack of Lamb (9)*

Served with Mint Sauce

€15.95

*All Main Courses are served with a choice of  
Mash or Chips and Side Salad or Vegetables*





F O U R S E A S O N S  
H O T E L

& L e i s u r e C l u b

C A R L I N G F O R D

## *Vegetarian Dishes*

### *Spinach and Ricotta Tortellini (1,2,4,9)*

*A Creamy Wild Mushroom Sauce*

€11.95

### *Sweet Chilli and Soya Stir-Fry (2,4,9)*

*Served with Egg Fried Noodles*

€11.95

### *Mediterranean Vegetable Penne Pasta (1,2,4,9)*

*Served in a Rich Tomato Sauce*

€11.95

### *Goats Cheese and Balsamic Onion*

#### *Stuffed Mushrooms (1,8)*

*Served on a Bed of Mixed Leaves*

€11.95

## *Side Orders*

*Onion Rings, Sauté Mushrooms & Onions, Side Salad,*

*Chips, Mash, Champ, Baby Boils,*

*Gratin Potatoes, Vegetables*

*All €3.50*

## *Allergies*

*Milk-1 Eggs-2 Nuts-3 Gluten-4 Fish-5*

*Crustaceans- 6 Molluscs-7 Mustard-8*

*Celery-9 Glucose-10 Protein-11*

*All Beef is of Irish Origin*



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H O T E L

& L e i s u r e C l u b

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## *Sandwich Menu*

### *Toasted Special (1,3,4,10)*

Ham, Cheese, Tomato & Onion

€7.50

### *Open Prawn Sandwich (1,2,3,4,5,10)*

Prawns & Marie Rose sauce

€7.95

### *Open Chicken Sandwich (1,2,4,10,11)*

Served with red pepper pesto

€7.95

### *Open Morgan's Smoked Salmon (1,2,4,5,10)*

Served on wheaten bread

€7.95

### *Triple Decker B.L.T (1,2,4,10,11)*

Bacon, lettuce, tomato served with mayo

€7.95

### *Make your own Sandwich*

Chicken, Ham, Tuna, Cajun Chicken, Egg, Cucumber,  
Tomato, Red Onion, Lettuce, Bacon, Cheese

€6.50 for 3 fillings

Extra filling 50c





F O U R S E A S O N S  
H O T E L

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## *Something Sweet*

### *Warm Apple Crumble (1,2,3,4,10)*

Served with Vanilla Flavoured Custard

€5.95

### *Homemade Pavlova (1,2,10)*

Served with Fresh Fruit and Raspberry Coulis

€5.95

### *Creme Brulee (1,2,10)*

Served with a Caramelized Topping served with  
Fresh Cream and Strawberries

€5.95

### *Warm Chocolate Fondant (1,2,3,4,10)*

Served with vanilla ice cream

€5.95

### *Cheesecake of the Day (1,2,3,4,10)*

Please ask your server

€5.95

### *Four Season's Eton Mess (1,2,10)*

€5.95

### *Selection of Luxurious Ice-Cream's (1,2,10)*

€5.95





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H O T E L

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## *Red Wine*

### *Arche Sangiovese (Italy) €23.50*

Lively aromas of blackcurrants on the nose, velvety rich fruity flavours.

### *Aldridge Shiraz (Australia) €26.50*

Nicely-balanced fruity flavours of blackberry & blackcurrant, wrapped up in gentle notes of vanilla.

### *Cuna Del Sol (Merlot) (Chile) €23.50*

Real Summer Compote of Rich Flavours that Leaves a Gently Aromatic after taste of Raspberries, Blackberries and plums.

### *San Elias Cabernet Sauvignon (Chile) €25*

Rich deep in colour with hints of crushed berries on the nose. On the palate the wine is soft and fruit driven with excellent balance.

## *White Wine*

### *Arche Trebianno (Italy) €23.50*

Mild aromas of creamy nougat follow through to a medium bodied wine with notes of apple.

### *La Vila Nanni Pinot Grigio (Italy) €26*

Pale golden hues with aromas of fresh citrus fruits.

### *San Elias Sauvignon Blanc (Chile) €25*

On the palate this wine is lively with flavours of tropical fruits.

### *Patriarche Chardonnay (France) €26*

Crisp and Dry. Floral Aromas, Hints of Citrus and Vanilla Notes.

## *Sparkling Wine*

### *La Serra Frizzante (Italy) €36.50*

Super delicate flavour & super fine quality, Lovely gentle & delicate floral nose & fruity flavour make this frizzante so perfect.

### *Bartolotti Prosecco (Italy) €36.50*

It is dry, elegant, fresh and lively, with floral aromas of hedgerow blossoms and white fruits and a creamy persistent mousse. This is easy to drink and rounded with apple flavours.

### *Veuve Clicquot (Champagne) (France) €85.00*

The strength of this golden wine is immediately pleasing to the nose, while it completely explodes the palate.