



*The Liberties  
Bistro Menu*



# Starters

**Confit of Duck €5.95**

Oven Roasted served with rocket Salad Moistened with Balsamic & Orange Vinaigrette

**Carlingford Lough Seafood Chowder €7.25**

Truly Authentic Freshly prepared Creamy Chowder

**Freshly Prepared Soup of the Day €5.95**

Served with Crispy Bread Rolls or Wheaten Bread

**Calamari Rings €5.95**

Cooked with Beurre Blanc Sauce & Fresh Herbs served with Crusty Bread

**Exotic Fruit Platter €5.95**

Water Galia & Honeydew Melon with Star Fruit, Strawberries, Kiwi & Grapes, served with Raspberry Coulis

**Tiger Prawns €6.25**

Wrapped in Filo Pastry, cooked & served with Soy Chilli Oil & Rustic Salad

**Goats Cheese Tartlet €6.25**

With Red Onion Marmalade oven baked, garnished with Fresh Pesto & Sun Dried Tomatoes served with Rustic Salad

**Carlingford Lough Crab Meat Tain €8.90**

With Horseradish & Chives served with Crispy Salad



# Mains

## Carlingford Mountain Rump of Lamb €22.50

Pan Fried & Oven Baked, served with a Red Currant & Rosemary Jus

## Supreme of Chicken €18.90

Filled with Sun Dried Tomatoes, Mozzarella & Fresh Basil Wrapped in Serrano Ham

## Pan Fried Lime Chicken Fillet €18.90

Served on Roasted Vegetables (Olives, Sun Dried Tomatoes, Red Onions & Sweet Peppers)

## Devilleed Stir Fry Beef €18.90

Peppers, Onions, Courgettes, Bean Sprouts, Mushrooms & Water Chestnuts cooked with Soy, Oyster & Chilli Sauce

## Pan Fried Duck Breast €22.50

Deglazed with Dry Sherry & Plum Sauce served on Stir Fried Vegetables & Savoury Noodles

## North Sea Fresh Hake €18.90

Baked in the oven served with a Red Pepper Pesto & Herb Mash

## Donegal Baked Salmon €17.50

On a bed of Champ with Bok Choi & Tarragon & Lemon Cream

## Irish Sea Monkfish €22.50

Wrapped in Serrano Ham baked on Lemon Butter & garnished with Capers & Fresh Herbs

## Wild Mushroom & Spinach Crespelles €15.95

Cohered with a Rich Creamy White Wine Sauce gratinated with Parmesan Cheese

## Linguini Pasta with Devilled Roasted Vegetables €15.95

Courgettes, Peppers, Olives, Mushrooms, Sun Dried Tomatoes & Red Onions

## Grilled Prime Cooley Sirloin 12oz Steak €22.50

Cooked to your choice served with a Black Peppercorn Sauce or Creamy Mushroom Sauce

## Grilled Prime Cooley Sirloin Steak 8oz €18.50

Cooked to your choice with a Black Peppercorn Sauce or Creamy Mushroom Sauce

All the above dishes are served with a Selection of Vegetables & Potatoes

# Children's Menu

## Buffalo Chicken Wings

Served with Barbecue Sauce

## Grilled Quarter Pounder Burger

Toppings: Cheese, Bacon & Onions

## Pizza

A Bread Base Pizza with Tomato, Cheese & Bacon

## Spicy Chicken Goujons

(Tomato, Chilli or Mayonnaise Sauce)

## Cod Goujons

(Tomato, Chilli or Mayonnaise Sauce)

## Half Roast Breast of Chicken

Served with Vegetables, Potatoes & Roast Gravy

(All the above can be served with Chips or Potato & Vegetables)

## Chicken Pasta with a Creamy Mushroom Sauce

€8.50 per Child

# Side Orders

Seasonal Vegetables

Garlic Potatoes

Baked Potato

Homemade Chips

Champ

Saute Onions

Saute Mushrooms

Mixed Salad

French Fried Onions

€3.50

# Desserts

Pavlova topped with Fresh Cream  
& Chocolate Sauce

Served with Seasonal Fruits

Home Made Apple Pie

Served with Vanilla Ice Cream

Chocolate Torte

Served with Strawberry Ice Cream

Cheesecake of the Day

Selection of Ice Cream

Raspberry Panacotta

With an Almond Biscuit

All €5.95