

# Welcome

Dear Guest,

A very warm welcome to The Lough Lounge & Bistro.

At The Four Seasons, we strive to harmonise the essence of the mountains and the sea in every aspect of your experience. Our location sits at the core of our inspiration.

In curating our menu, our Head Chef, Stephen Stone, has meticulously selected the finest ingredients from local suppliers whenever feasible.

We're dedicated to sourcing the highest quality produce as close to home as possible, ensuring each dish reflects the richness of our region.

Should you have any dietary requirements please do not hesitate to let one of our Team know and we would be delighted to assist you in choosing a dish.

Enjoy your culinary journey with us,

*Dermot Redmond*  
General Manager

# Starters

## **SOUP DU JOUR**

Freshly prepared soup of the day served with homemade brown bread.

€6.50 (1,7,9)

## **CHICKEN CAESAR SALAD**

Warm honey baked chicken, smoked streaky bacon, parmesan and crisp lettuce, all drizzled in our homemade Caesar dressing. €11.95 (1,4,7,10)

## **BUFFALO WINGS**

With our homemade Cashel blue cheese dressing. €12.95 (7,9)

## **PAN SEARED SCALLOPS**

Sugar snap peas, pea puree with a chorizo oil drizzle. €13.95 (7,14)

## **CREAMY TUSCAN PRAWNS**

Rich garlic cream sauce with sun-dried tomatoes and spinach, served on toasted ciabatta. €16.95 (1,2,7)

## **HERB CRUMBED BRIE**

Creamy brie cheese in a delicate herb and breadcrumb coating. Served alongside our homemade cranberry mayonnaise. €11.95 (1,3,7)

## **WILD MUSHROOM AND THYME RISOTTO**

Wild mushrooms, creamy arborio risotto and a touch of parmesan. €10.95 (7,12)

## **GOATS CHEESE TARTLET**

Served with caramelised red onion on a bed of tender baby leaves. €10.95 (1,3,7,12)

## **TRIO OF BUTTER**

A delightful ensemble of warm breads accompanied by : confit garlic and herb butter, sun-dried tomato and Parmesan butter, and sea salt with cracked black pepper butter €7.95 (1,7)

### ALLERGENS

(1) Gluten, (2) Milk, (3) Eggs, (4) Sulphites, (5) Celery, (6) Lupin, (7) Nuts, (8) Peanuts,  
(9) Soy, (10) Shellfish, (11) Fish, (12) Molluscs, (13) Mustard, (14) Sesame

# Mains

## From the Land



### **CHICKEN ROULADE**

Stuffed with mozzarella, sun-dried tomato and wrapped in bacon. Accompanied by a whiskey and chorizo sauce, mash and seasonal vegetables. €21.95

### **CONFIT DUCK LEG**

Delicately placed upon a nest of braised cabbage and creamy celeriac purée, adorned with a decadent drizzle of red wine jus. Complete this dish with a side of your choice. €20.95 (7,9,10,12)

### **CHICKEN STIR-FRY**

Tender slices of chicken, vibrant vegetables and our signature stir-fry sauce, served alongside steamed rice. €20.95 (6)

### **SIGNATURE BALSAMIC MAPLE GLAZED PORK CHOPS**

Two 6oz maple glazed pork chops accompanied by tender green veg, sweet potato puree and apple brandy sauce. Complete this dish with a side of your choice.

€22.95 (7,12)

### **FOUR SEASONS SMASH BURGER**

Two patties topped with streaky bacon, cheddar cheese, crispy onions, salad and four seasons burger sauce. Complete this dish with a side of your choice. €19.95 (1,3,7,10)

### **100Z SIRLOIN STEAK**

Cooked to your liking, accompanied with sautéed onions and mushrooms, a rich peppercorn sauce with balsamic glazed cherry vine tomatoes. Complete this dish with a side of your choice. €33.95 (1,7,12)

€8 SUPPLEMENT FOR PACKAGE DINNER

### **TIKKA MASALA**

Marinated chicken in a rich and aromatic tikka sauce, served alongside steamed rice and accompanied by a warm garlic nan. €21.95 (1,9,10)

### **MEDITERRANEAN CHICKEN & CHORIZO TAGLIATELLE**

Tender chicken, smokey chorizo in a homemade creamy tomato sauce. Sprinkled with parmesan and served with toasted garlic bread. €20.95 (1,3,7,9)



### **DAY BOAT SPECIAL**

Pan fried fish of the day, accompanied by a dill and lemon cream sauce, charred vegetables & creamy mash. €23.95 (4,7,12)

### **TRADITIONAL FISH & CHIPS**

Crispy battered cod served alongside our signature homemade zingy tartar sauce, golden fries, and a refreshing side salad. €21.95 (1,3,4,7)

## *Sides*

€4.95

Skinny fries

Sweet potato fries

Creamy mash potato

House salad

Veg of the day

Garlic potato

Sautéed mushroom & onions

Garlic Bread

Steamed rice

Additional sauce €1.95

# Meat Free Options

## **CHERRY TOMATO & SPINACH TAGLIATELLE**

In our homemade creamy tomato sauce. Finished with parmesan and served with toasted garlic bread. €18.95 (1,2,3,7,9)

## **VEGGIE BURGER**

Served on a toasted brioche with lettuce, tomato and our homemade burger sauce. Served with fries. €18.95 (1,3,7,9,10)

## **VEGETABLE STIR-FRY**

In our homemade creamy tomato sauce. Finished with parmesan and served with toasted garlic bread. €18.95 (1,3,7,9)

## **CAULIFLOWER TIKKA MASALA**

Florets of cauliflower in a rich and aromatic tikka sauce, served with steamed rice and accompanied by a warm garlic naan. €19.95 (1,9,10)

# Dessert

**PLEASE ASK YOUR SERVER TO SEE OUR DESSERT MENU**